



Aetna's Sleep Management Program Begins August 1, 2009

Aetna's Sleep Management Program, offered through a partnership between CareCore National and Sleep Management Solutions, will begin on August 1. The program is designed to improve the overall quality of sleep services and requires prior authorization of sleep studies.

Utilizing AASM and CMS guidelines, CareCore National will review requests for sleep studies and make recommendations for those studies that can be performed in the member's home. In addition, CareCore National will assist with referrals to participating providers who can perform a home study and provide support for the patient with the set up and successful completion of the study.

For patients who require follow up treatment using a CPAP or APAP device, CareCore National and Sleep Management Solutions will provide a comprehensive follow up program. This program is intended to assist in increasing the rate of compliance with the use of the equipment in order to ensure the patient achieves the maximum benefit of the treatment.

Effective Dates & Membership

For **Aetna New York HMO members**, prior authorization for sleep study tests will begin on August 1, 2009.

Prior Authorization Process

Please contact CareCore National at 888-622-7329 to obtain authorization for a sleep study. Authorizations may also be obtained via fax at 888-444-1562 or via the web at www.carecorenational.com.

For questions regarding this program, please call CareCore National at 800-918-8924 extension 12217 or contact your Aetna network representative.